# Orgasmic Rapture and Divine Ecstasy The Semantic History of ānanda\*

*I*.1

Ānanda¹ is one of the most common terms in the religious vocabulary of the Brāhmaṇical/Hindu traditions both in Sanskrit and in the vernaculars, both in the monistically inclined traditions, such as Advaita Vedānta, and in the *bhakti* traditions. The term points to the intense feeling of joy that devotees experience in their loving devotion and service of god, and mystics, in their meditative trance or *samādhi*. Within Advaita and related traditions, it represents a central and essential "attribute" of Brahman. The term has found its way into the names or titles of religious figures, often in compounds, such as Brahmānanda and Ānandatīrtha.² In many of the Indian religious traditions, *mokṣa*, the final goal of human existence, has been defined as *ānanda*.

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¹ It is clear that etymologically  $\bar{a}nanda$  is derived from the root  $\sqrt{nand}$ ; but much less clear is exactly how the noun is derived. As van Buitenen has pointed out, the compound verb  $\bar{a}nandat$  is not found in the early literature. He is right, I think, in regarding it "as a verbal noun nanda with prefixed  $\bar{a}$ , and thus belong to a fairly large group that often goes unrecognized:  $\bar{a}$  indicate the place where the verbal action occurs, for example,  $\bar{a}srama$ , where one toils;  $\bar{a}r\bar{a}ma$ , where one enjoys oneself;  $\bar{a}kara$ , where things are scattered;  $\bar{a}laya$ , where things lie, etc. The word  $\bar{a}nanda$  thus implies a locus: that in which one finds bliss, be it a son, the fulfillment of a wish, [...]  $\bar{A}nanda$  then is not just a free-floating unfocused bliss, a state of beatitude; it has an implied object" (van Buitenen 1979, 327; for an extensive discussion of the etymology and meaning of the similar word  $\bar{a}srama$ , see Olivelle 1993, 8-24). Although the implication of a locus is correct and is evident in some of the early usages that locates  $\bar{a}nanda$  in the sexual organ or penis, in the later language the term assumes the general meaning of happiness and joy. Nevertheless, van Buitenen's insight is important for teasing out the early semantics of  $\bar{a}nanda$ .

<sup>2</sup> W. Schwarz lists 96 compounds with  $\bar{a}$  nanda as the final member, most of which

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One of the most ancient, and perhaps the most significant, examples of the centrality of  $\bar{a}nanda$  in theological discourse is the *Brahmsūtras* ascribed to Bādarāyaṇa. After an introductory statement that *brahman* is the source of the universe (1.1.5-11), Bādarāyaṇa devotes eight *sūtras* to demonstrating that *brahman/ātman* is defined in the Upaniṣads as  $\bar{a}nanda$ . Although the expression does not occur in the writings of Śańkara, the compound *saccidānanda* (being-consciousness-bliss) became in time both within and outside the Advaita tradition a short-hand definition of *brahman*.

Given the prominence of  $\bar{a}nanda$  in the theological, as well as the non-technical, religious vocabulary of India at least from about the fifth century C.E., it is somewhat surprising that, with the exception of van Buitenen's (1979) study, not much work has been done into the semantic history of this term.

For heuristic purposes, I will divide the pre-Brahmasūtra period into 1. Early Vedic (consisting of the RV, AV, and the mantra portions of the YV); 2. Middle Vedic (consisting of the Brāhmaṇas); 3. Late Vedic (consisting of the Āraṇyakas and Upaniṣads); and 4. Post-Vedic (principally Buddhist and epic literature). In this paper my focus will be principally on the first three periods, introducing evidence from the fourth only to point to the possible later semantic history of the term.

*I.2* 

To begin with, however, I want to discuss briefly the conclusions drawn by van Buitenen (1979) in his pioneering study. He acknowledges the explicit sexual connotations of the term in a wide spectrum of vedic texts, including the Upaniṣads, but rejects what he calls the "reductionist" fallacy of equating  $\bar{a}$  nanda with orgasmic thrill (1979, 326). He concludes his survey by pointing out the semantic multivocity of the term:

appear to be names or titles: Reverse Index of Old Indian (Wiesbaden: Otto Harrassowitz, 1975), II: 219-20.

<sup>3</sup> It is impossible to date the *Brahmasūtra* with any precision or certainly, but we would not be too off the mark in assigning it to a period between the 2nd and 5th centuries C.E. Although a detailed analysis of texts from this period is required to arrive at a definitive conclusion, I think that this treatment of *ānanda* in the *Brahmasūtras* was a watershed in the history of the term. It clearly influenced all the "Vedāntic" traditions, both the Advaita and the devotional. The Advaita use of the term may also have influenced the Tantric definition of the liberating experience as *ānandā*: Abhinavagupta, *Tantrāloka*, 5.27-53;. Muller-Ortega 1989, 197-98.

<sup>4</sup> See Deussen 1912, 212; Nakamura 1983, 486. According to Deussen, the expression first occurs in the *Nṛsiṃhatāpanīya Upaniṣad*, which is not of great help, because we know nothing about the date of that Upaniṣad.

 $^5$  Van Buitenen's fear of "reductionist" tendencies in the study of religion was perhaps influenced by his connections to the Chicago school of "history of religion". On the reductionist debate in the study of religion (where reductionism is often used as a derogatory term) and on the reductionist imperative if we are to engage in any explanatory endeavor, see Segal 1983; Preus 1987.

In following the course of the uses of the word  $\bar{a}nanda$  we have seen it pause at the landmarks in the development of religion and thought. It was the high joy of drinking the soma and of offering it, the climax of the ritual building of the universe, the unhindered happiness of gods, the orgasm that begets a son in one's image as a metaphor of one's self-renewal as one of the gods, the joyous knowledge of oneself and the eldest brahman, and the bliss that is the brahman and the  $\bar{a}tman$  (van Buitenen 1979, 330).

Van Buitenen is right to point out that  $\bar{a}nanda$  has a range of meanings, consonant with the range of conditions under which a person experiences joy or pleasure. However, he makes no effort to examine which of these meanings may have provided the foundation for its technical use within the theological vocabulary of the Upaniṣads, a use that formed the basis of its later use in Vedāntic discourse. His reluctance to assign a central role to the sexual dimension, which (and which alone) he qualifies as "a metaphor", coupled with his fear of "reductionism", prevented him from seeing the explicit and unambiguous connection between  $\bar{a}nanda$  as orgasmic rapture and  $\bar{a}nanda$  as the experience of  $brahman/\bar{a}tman$ .

### II.1

 $\bar{A}$ nanda is a somewhat rare word in the early vedic literature. In the  $\bar{R}V$  it occurs in only two verses, both in a single hymn to Soma (9.113.6, 11). The first reads:

yatra brahmā pavamāna chandasyāṃ vācaṃ vadan | grāvṇā some mahīyate somenānandaṃ janayann—indrāyendo pari srava ||<sup>6</sup>

Van Buitenen translates: "O thou now purified, Soma in whom the *brahman* priest, while speaking the words of the hymns, rejoices with the pressing stone, generating *bliss* through Soma—swirl around for Indra, O drop!" From this translation it appears that the verse is a complete sentence, which it is not, and that the relative pronoun *yatra* refers to Soma (perhaps seeing it as in apposition to the locative *some*). In fact, the co-relative *yatra* is left dangling until we reach the word *tasmin* in the next verse (*RV* 9.113.7):

yatra jyotir ajasram yasmiml loke svar hitam | tasmin mām dhehi pavamānāmyte loke aksita—indrāyendo pari srava ||7

<sup>&</sup>lt;sup>6</sup> Geldner translates: "Wo, o Pavamāna, der Hohepriester in gebundener Rede sprechend mit dem Preßstein (in der Hand) bei Soma sich erhaben fühlt, durch den Soma Wonne wirkend, da fließe usw [für Indra ringsum ab, o Saft!]." By syntactically connecting the final refrain with the rest of the sentence, Geldner also appears to make this a complete sentence. In other verses, however, he translates the refrain as a separate sentence. The word mahīyate, we will see, is often associated with ānanda, and in these contexts probably refers to an internal feeling of exultation.

<sup>&</sup>lt;sup>7</sup> Geldner translates: "Wo das ewige Licht ist, in welche Welt die Sonne gesetzt ist, in

Verse 6 begins a group of six verses, all containing the opening word yatra. In verses 7-11 the pronoun clearly refers to the heavenly world of light and immortality. It appears that a parallel is drawn between the sacrificial spot, the place where the soma is crushed with the stone, of verse 6, and the immortal world in heaven of verse 7, a connection that is quite common in the vedic literature. As in verse 6 the priest is said to "generate  $\bar{a}nanda$ " at the place where soma is crushed, so in the final verse of this group (RV 9. 133.11) the heavenly world is said to contain  $\bar{a}nandas$  (in the plural):

yatrānandās ca modās ca mudaļ pramuda āsate | kāmasya yatrāptāļ kāmās tatra mām amrtan kṛdhi—indrāyendo pari srava ||<sup>8</sup>

The supplicant asks that he be made immortal in the place (yatra) where every wish is fulfilled and where there are  $\bar{a}nand\bar{a}h$ ,  $mod\bar{a}h$ , mudah, and pramudah. The exact meanings here of these semantically related terms are unclear; they are clearly intended to intensify the impact, in a way similar to  $k\bar{a}masya$   $k\bar{a}m\bar{a}h$ , and we will encounter these terms used together in later literature.

Van Buitenen (1979, 324) thinks that  $\bar{a}nanda$  in these verses refers to "the joyous state of (drug-induced) ecstasy in which the ecstatic may hope for immortality". Such a meaning is certainly possible; later we will see  $\bar{a}nanda$  associated with  $sur\bar{a}$  (liquor). Elsewhere, however,  $\bar{a}nanda$  is most frequently associated with sexual pleasure, and it is not farfetched to see a similar intent here. The soma sacrifice has clear connections to sexuality and fertility, and the soma juice itself is compared to semen. The process of crushing and squeezing out the juice from the stalks by means of the pressing stones is full of sexual imagery. It is this process that "generates  $\bar{a}nanda$ ", which, as we will see, is closely associated in later literature with the ejaculation of the semen and the generation of offspring. We can assume that at least part of the meaning and imagery of  $\bar{a}nanda$  in these Rgvedic verses is sexual.

In the  $AV(\hat{S})$   $\bar{a}nanda$  and its derivatives are used six times. Twice we have the same phrase:  $\bar{a}nand\bar{a}$   $mod\bar{a}h$  pramudo ' $bh\bar{\iota}modamudas$  ca ye.\(^{11}\) At  $AV(\hat{S})$  11.7.26 these experiences are among the various elements of the universe that are said to originate from the ucchista, the

diese versetze mich, o Pavamāna, in die unsterbliche, unvergängliche Welt! Fließe für Indra ringsum ab, o Saft!"

 $<sup>^8</sup>$  Geldner translates: "Wo Wonnen, Freuden, Lüste und Belustigungen wohnen, wo die Wünsche des Wunsches erlangt werden, dor mache usw [mich unsterblich! Fließe für Indra ringsum ab, o Saft!]."

<sup>&</sup>lt;sup>9</sup> On this type of intensification, see Oertel 1937.

<sup>&</sup>lt;sup>10</sup> reto vai somah ("Soma is indeed semen")  $\acute{SB}$  1.9.2.9. See, Jamison 1996a, 127-46.

<sup>&</sup>lt;sup>11</sup> Whitney translates: "Delights, joys, enjoyments, and they that enjoy enjoyments." The parallels at AV(P) 16.84.8 reads  $\bar{a}nand\bar{a}s$  ca pramodās cābhimodamudas ca ye, and AV(P) 16.87.4 reads  $nand\bar{a}h$  for  $mod\bar{a}h$ .

sacrificial remains, while at AV(S) 11.8.24 they are among the various powers that entered the human body. The contexts of these verses do not provide clues as to the precise meaning of  $\bar{a}$  nanda. Sāyaṇa here, as in other places where the three terms moda, pramud (or pramoda), and  $\bar{a}$  nanda are listed together, explains the first as pleasure derived from seeing an object, the second as pleasure derived from obtaining an excellent object, and the third as the pleasure derived from enjoying the object. Although Sāyaṇa's interpretation does not tell us much about what the terms may have meant in their original contexts, I think his instinct in taking the three as a progressive intensifying of pleasure is correct. And his connection of  $\bar{a}$  nanda with the actual enjoyment of the desired object is borne out by evidence from its usage elsewhere, especially within the context of sexual activity.

In AV(S) 10.2.9 [=AV(P) 60.1], a hymn that asks repeated questions about who created the various bodily parts and powers of Purusa, we have the terms  $\bar{a}nand\bar{a}n$  and  $nand\bar{a}n$ . Here too the context provides few clues as to their specific meanings. A clue, however, may be found in the VS(M) 20, which also has a long list of bodily organs and powers; verse 9 reads in part: ānandanandāv āndau me bhagah saubhāgyam pasah. 13 The connection between ananda and the sexual organs made explicitly in this passage will become a recurrent theme in the middle and late vedic literature. The connection is also made in the  $AV(\hat{S})$  itself, in a hymn (9.7) celebrating the bull. The various organs and activities of the bull are identified with different deities and cosmic entities. Verse 23 reads: *mitra īksamāna āvṛtta ānandah*. <sup>14</sup> The meaning of "looking" and "turning this way [or around]" is not altogether clear. Sāyaṇa, however, may have had this passage in mind when he provided the gloss on  $AV(\hat{S})$  11.6.3 (see note 17) saying that a bull in a herd looks at the cows and, desiring to mount them, bellows. Such a scene provides a plausible explanation for this looking<sup>15</sup> and turning around and for why the turning around is called  $\bar{a}$  nanda. If we interpret the above terms as a prelude to mating, then the passage that immediately follows  $[AV(\tilde{S}) 9.7.24=AV(P) 16.139.25]$  may also have sexual implications: yujyamāno vaisvadevo yuktah prajāpatir

<sup>12</sup>  $mod\bar{a}h = vişayadarsanajanyā harṣāh; pramudah = prakṛṣṭaviṣayalābhajanyā harṣāh; <math>\bar{a}nand\bar{a}h = viṣayopabhogajanitāh sukhavisṣṣāh.$  Commenting on TB 2.4.6.5, Sāyaṇa offers the following definitions: sukhavisṣo  $modah \mid darsanajanyah pramodah \mid bhogajanya ānandah; and at <math>TB$  2.4.6.5 he states explicitly that the three words imply a gradation:  $mod\bar{a}dayas$  trayas  $t\bar{a}ra(ta)myen\bar{a}vasthit\bar{a}h$  sukhāvisēvā  $modah \mid darsanajanyah$  pramodah  $\mid bogajanya$   $\bar{a}nandah \mid For triadic intensifications of this type, see note 32.$ 

 $<sup>^{13}</sup>$  Griffith (1917) was too embarassed to translate this section, but Sāyaṇa explains it unabashedly and straightforwardly. Here the man prays that his two testicles will have  $\bar{a}nanda$  and nanda, and that his penis will have sexual pleasure and success. This phrase occurs also in MS 3.11.8; KS 38.4; TB 2.6.5.6.

<sup>&</sup>lt;sup>14</sup> Whitney translates: "Mitra when looking, delight when turned this way." The AV(P) 139.24 reads:  $\bar{a}vytta$   $\bar{a}nanda$   $\bar{i}ksam\bar{a}no$   $mitr\bar{a}varunau$ .

 $<sup>^{15}</sup>$  A similar sexual implication of looking is found at  $\dot{S}B(\mathrm{M})$  6.2.2.6 discussed below, p. 83, n. 24.

vimuktaḥ sarvam, which Whitney translates: "Belonging to all the gods when being yoked, Prajāpati when yoked, everything when released." But the verb  $\sqrt{yuj}$  can also mean to unite sexually, and if that is the case, the meaning would be: "He is All-gods when about to couple, Prajāpati when coupled, and the Whole when uncoupled." In this context the connection of "union" with Prajāpati, the creator/procreator god, also makes sense.

The two final examples from the  $AV(\hat{S})$  contain the feminine adjective  $\bar{a}nandin\bar{\imath}$ , "one possessing  $\bar{a}nanda$ ", i.e., joyful. In a charm to produce rain, there is the wish "may plants become joyful"— $\bar{a}nandin\bar{\imath}r$  oṣadhayo bhavantu  $[AV(\hat{S})$  4.15.16 = AV(P) 5.7.14]. The reference is to the joy that plants, parched after a long period of drought, feel (metaphorically) when the rains come. The sexual connotation, I think, is still there, because rain is often equated with semen, and at  $AV(\hat{S})$  11.4.3 the process of plants absorbing rain-water is explicitly compared to mating:

yat prāṇa stanayitnunābhikrandaty oṣadhīḥ | pra vīyante garbhān dadhate 'tho bahvīr vi jāyante ||  $^{16}$ 

Sāyaṇa<sup>17</sup> makes the sexual imagery explicit: thunder looks upon the plants and cries out, like a bull that bellows at seeing the cows; then the plants, by merely hearing that sound, become impregnated, carry the fetus, and bring forth progeny.

AV(\$) 4.38 is a good-luck charm for victory in gambling. The first part of the charm is addressed to Apsarā, who is said to "rejoice in the dice" ( $ak\$e\$u\ pramodante$ ). She is characterized in verse 4 as  $\bar{a}nandin\bar{\imath}m\ pramodin\bar{\imath}m$ . The context appears to indicate that these terms are used with reference to the pleasure of gambling, but the Apsaras are closely associated with sexuality.

Apart from passages parallel to the AV(S), there are only two independent uses of the term in the AV(P). At AV(P) 12.6.8, in an eulogy of rain similar to AV(S) 4.15.16, the sun is said to produce  $\bar{a}nanda$ —  $s\bar{u}rya$   $\bar{a}nandam$  janayan. At AV(P) 16.152.11 also the sun is said to bring  $\bar{a}nanda$ .

Turning now to the *mantra* sections of the Yajurveda Saṃhitās, the *TS* uses *ānanda* only once (*TS* 5.7.19), and it is unclear whether this passage is a *mantra* or a *brāhmaṇa*. <sup>18</sup> This section of the *TS* deals

<sup>&</sup>lt;sup>16</sup> Whitney translates: "When breath with thunder roars at the herbs, they are impregnated, they receive embryos, then they are born many."

<sup>&</sup>lt;sup>17</sup> Sāyaṇa glosses abhikrandati: abhilakṣya śabdāyate| yathā goyūthamadhye dṛpto vṛṣabhaḥ garbham ādhitsus tā abhilakṣya śabdam karoti tathety arthah. He glosses pra vṛyante: prāṇā-bhikrandanamātrād eva garbham gṛhṇanti [...] varṣatuh sarvāsām oṣadhīnām garbhagra-haṇakāla ity arthah. In the next two verses the author uses the verb pramodati to refer to the joy of plants and animals at the coming of rain.

 $<sup>^{18}</sup>$  Sāyaṇa appears to take it as a *mantra*, while Keith (1914, 479, n. 1) thinks it is a *brāh-maṇa* passage, although he is not completely sure because of the *mantra*-like ending of TS 5.7.20 with  $sv\bar{a}h\bar{a}$  repeated three times.

with how various parts and powers of the sacrificial horse are connected to gods and cosmic entities. The passage in question reads:  $\bar{a}nandam\ nandathun\bar{a}\ k\bar{a}mam\ praty\bar{a}s\bar{a}bhy\bar{a}m\ bhayam\ sit\bar{t}mabhy\bar{a}m\ prasiṣam\ prasiṣam\ prasiṣam prasiṣam erasisabhyām —"ānanda with the penis; love with the two Pratyāsas; fear with the two Sitīmans; command with the two Prasāsas." Here we come across for the first time the clear connection of ānanda with a corresponding physical organ, the nandathu, literally "the delighter" but clearly referring to the penis that provides ānanda.$ 

The VS(M) uses the term four times. In the mantras to be recited at the Sautrāmaņī sacrifice, the liquor (surā) is addressed: eşa te yonir modāya tvānandāya tvā mahase tvā — "This is your place of birth. You for delight! You for  $\bar{a}$  nanda! You for joy!" [VS(M) 19.8; = KS 37.18; TB 2.6.1.5]. Here, as in RV 9.113, the context is a drink but here we see more clearly another aspect of  $\bar{a}nanda$ , the hilarity and mirth of drinking. The term is used again in the mantras of the Sautrāmaņī (VS(M) 20.9),<sup>20</sup> a passage we have already examined and where the sexual connotation of  $\bar{a}$  nanda is explicit. Similarly explicit are the two other occurrences, both in 30th Adhyāya containing mantras for the Purusamedha sacrifice. In listing the various types of men to be sacrificed for various aims, the text reads: ānandāya strīsakham pramude kumārīputram — "for ānanda a women's friend, for pleasure the son of an unmarried woman" [VS(M) 30.6=TB 3.4.2.1]. It is unclear what  $str\bar{s}akha$  precisely means; given the context of dance, song, and sex, it is at least a possibility that it refers to a libertine, a man all women run after. Further down the list we have  $v\bar{\imath}n\bar{a}v\bar{a}dam\ p\bar{a}nighnam\ t\bar{u}navadhmam$ tān nṛttāyānandāya talavam — "Lute player, hand clapper, flutist—these for dance; for  $\bar{a}$  nanda a musician" [VS(M) 30.20]. In the VS, then,  $\bar{a}nanda$ , besides its sexual meanings, is used with reference to the pleasure associated with drinking, dancing, and music. Taken together with the AV(S) usage with regard to the Apsaras engaged in the game of dice, we see a pattern emerging in the early vedic literature of  $\bar{a}$  nanda being associated with sex, gambling, drinking and dancing.

#### 11.2

I turn now to the middle vedic texts represented by the Brāhmaṇas. With the exception of a single passage in the Kauṣītaki (=Śankhāyana 2.7), the term is used extensively only in two Brāhmaṇas, both belonging to the Yajurveda: the Śatapatha and the

 $<sup>^{19}</sup>$  The meanings of these pairs are unclear. Sāyaṇa merely states that they are pairs of organs near the sexual organ:  $guhyasam\bar{\imath}pavart\bar{\imath}ny~avayavayugal\bar{a}ni$ . The Aśvamedha section (13.9) of the KS reads  $nandathubhy\bar{a}m$ .

<sup>&</sup>lt;sup>20</sup> The passage occurs also in MS 3.11.8; KS 38.4; TB 2.6.5.6.

 $Taittir\bar{\imath}$ ya. Although both are somewhat late texts, the Śatapatha is probably the older of the two.

Leaving aside for the moment the BU, which constitutes its final chapters, the  $\dot{S}B(M)$  uses the term six times. The meaning of  $\bar{a}nanda$  is most clear and explicit at  $\dot{S}B(M)$  10.5.2.11. This section deals with the connections between the sun, on the one hand, and the sacrifice and the body, on the other. With regard to the body (10.5.2.7-9), the golden person in the sun's orb ( $mandale\ purusah$ ) and Indra are in turn identified with the person in the right eye ( $daksine\ ksan\ purusah$ ), and the mate of the person in the sun's orb and Indrāṇī, the wife of Indra, are in turn identified with the person in the left eye. The male and the female persons in the right and left eyes remain out of each other's sight by the partition created by the nose (10.5.2.9; cf. TS 2.3.8.2). During sleep, however, the two descend into the cavity or space within the heart and unite with each other; at the climax of this union the two become in some way unconscious ( $petit\ mort$  of orgasm) and in this rapture experiences the highest  $\bar{a}nanda$ :

tau hṛdayasyākāsaṃ praty avetya mithunībhavatas tau yadā mithunasyāntam gacchato 'tha haitat puruṣaḥ svapiti tad yathā haivedaṃ mānuṣasya mithunasyāntaṃ gatvāsaṃvida iva bhavaty evaṃ haivaitad asaṃvida iva bhavati daivaṃ hy etan mithunaṃ paramo hy eṣa ānandaḥ | ŚB(M) 10.5.2.11.

The two descend into the space within the heart and engage in sexual intercourse. And when the two reach the  ${\rm climax}^{22}$  of the sexual intercourse, the man here is then asleep. It is like this. As here when one reaches the climax of a human sexual intercourse one becomes in some way unconscious, so there he becomes in some way unconscious, for that is the divine sexual intercourse, for that is the highest  $\bar{a}$  nanda.

Here *ānanda* refers clearly and explicitly to the orgasmic thrill that makes one lose one's consciousness. In the very next paragraph (10.5.2.12), in fact, the text goes into further detail, stating that a) one should not awaken a sleeping man suddenly or violently, lest one disturb the sexual union of these two, and b) the mouth of people who have slept are slimy (*śleymaṇa*) because these two have spilled their seed, thus comparing the slimy spit to the slimy semen.

The connection between  $\bar{a}nanda$  and orgasm is further established in SB(M) 6.2.2.6. In explaining why a white and hornless male goat is offered to Vāyu Niyutvat, the text narrates the story of Prajāpati. After creating the creatures (prajāh, feminine), he looked (anuvyaiksata) at them and because of the excessive joy (atyānandena) he spilled his seed, which became the white goat. His orgasmic joy comes here not at the time of creation but afterwards when he looks

 $<sup>^{21}</sup>$  These are identifications familiar also in the Upanișads: BU4.2.2; 5.5.2

<sup>&</sup>lt;sup>22</sup> Eggeling translates *anta* as "end", which misses the point. The *anta* of sex is not just the end but the climactic orgasm. He also misses the point when in a footnote he explains that "unconscious" means something like "indifferent, apathetic".

at his creatures. The use of the feminine *prajā* gives us a clue; he lusted after his own daughter(s). Prajāpati's incest is frequently mentioned in the Vedas, and the story of Prajāpati lusting after his daughter is told repeatedly in the vedic literature.<sup>23</sup> The "looking" by Prajāpati could also have sexual implications; looking at the melted butter by the wife of the sacrificial patron, for example, is viewed as sexual intercourse between the wife (woman) and butter (semen).<sup>24</sup>

These usages permit us to interpret the other four occurrences of  $\bar{a}nanda$  in the SB(M), all in the single passage 10.3.5.12-14.

tasya vā etasya yajuṣaḥ | rasa evopaniṣat tasmād yāvanmātreṇa yajuṣādh varyur graham grḥṇāti sa ubhe stutaśastre anuvibhavaty ubhe stutaśastre anuvyaśnute tasmād yāvanmātra ivānnasya rasaḥ sarvam annam avati sarvam annam anuvyeti || 12 ||

typtir evāsya gatiḥ l tasmād yadānnasya typyaty atha sa gata iva manyata ānanda evāsya vijnānam ātmānandātmāno haiva sarve devāh sā haiṣaiva devānām addhāvidyā sa ha sa na manuṣyo ya evaṃvid devānām haiva sa ekaḥ || 13 ||

etad dha sma vai tadvidvān priyavrato rauhiņāyana āha | vāyum vāntam ānandas ta ātmeto vā vāhīto veti sa ha sma tathaiva vāti tasmād yām deveṣv āsiṣam icched etenaivopatiṣthetānando va ātmāsau me kāmaḥ sa me samṛdhyatām iti sam haivāsmai sa kāma ṛdhyate yatkāmo bhavaty etām ha vai tṛptim etām gatim etam ānandam etam ātmānam abhisambhavati ya evam veda || 14 ||

- 12. Now, of this *yajus*-formula, the hidden connection (*upaniṣad*) is flavor [or essence]. Therefore, when with ever so small a *yajus*-formula the Adhvaryu draws a cup of Soma, it [*rasa*] becomes equal to both the Stotra and the Śastra, it measures up to both the Stotra and the Śastra. The flavor of food, therefore, be it ever so small, enhances the entire food, pervades the entire food.
- 13. Its [of the *yajus*] completion is satiation. Therefore, when with food a man reaches satiation, then he considers himself in some way wiped out.<sup>25</sup>

Its body is *ānanda*—this is its true knowledge.<sup>26</sup> For, indeed, all the gods have *ānanda* as their body. This, indeed, is the true knowledge of gods.

 $<sup>^{23}</sup>$  MS 4.2.12; AB 3.33; ŚB(M) 1.7.4. In the BU (1.4.3-4) there is the story of the first being (often identified with Prajāpati) who split himself in two, into pati (husband) and patnī (wife). He copulated with her, producing the humans. But the woman thinks "After begetting me from his own body, how could he copulate with me?" She hid herself by becoming various animals, with all of whom he copulated, thus giving rise to the various kinds of animals. For an extensive discussion of Prajāpati's incest, see O'Flaherty 1973, 111-40.

 $<sup>^{24}</sup>$  See  $\acute{S}B$  1.3.1.18. This topic is studied exhaustively by Jamison 1996a, 55-59. See also AV(Ś) 9.7.23 discussed above.

 $<sup>^{25}</sup>$  The term gati (completion) indicates probably the progress and the completion of the progress of the yajus. In the earlier part of this section (SB(M) 10.3.5.1-7) dealing with the etymology of yajus, it is repeatedly connected with motion. In the final image of a man who has eaten a lot, there appears to be a pun on gati. The man then feels as if he is gata, that is, "Tm gone" or "Tm wiped out".

<sup>&</sup>lt;sup>26</sup> The nominal sentence  $\bar{a}nanda$   $ev\bar{a}sya$   $vij\bar{n}\bar{a}nam$   $\bar{a}tm\bar{a}$  is problematic. In other nominal sentences with three nouns (A. B. C), such as CU6.1.4-6, the most likely syntax is: B is A, (namely) C. Thus in the CU examples  $v\bar{a}c\bar{a}rambhanam$   $vik\bar{a}ro$   $n\bar{a}madheyam$  is

And anyone who knows this is not a man; he is truly one of the gods.

14. Knowing this, indeed, Priyavrata Rauhināyana said to the wind as it was blowing: 'Your body is  $\bar{a}nanda$ . Blow this way or that way!' And thus, indeed, does it blow. Therefore, a man who wishes to obtain a blessing from the gods should worship them within this: 'Your body is  $\bar{a}nanda$ . Here is my wish. May it be fulfilled for me!' And whatever wish he may have, it will surely be fulfilled.

A man who knows this will obtain this contentment, this fulfillment, this  $\bar{a}$ *nanda*, and this body.

Here the *yajus* formula is compared to food. Of this *yajus*-food, the *upaniṣad* is the flavor (rasa),<sup>27</sup> the completion (gati) is the satiation (typti), and the body  $(\bar{a}tman)$  is  $\bar{a}nanda$ . The text goes on to state that all the gods have  $\bar{a}nanda$  as their  $\bar{a}tman$ , providing the earliest evidence of  $\bar{a}nanda$  being used as an essential attribute of gods. This knowledge of the essence of gods appears to be a secret, the knowledge of which gives a man power over the gods. Thus, if one tells the gods "Your  $\bar{a}tman$  is  $\bar{a}nanda$ ," one's wishes will be fulfilled. The passage ends by saying that anyone who has this knowledge attains typti, gati,  $\bar{a}nanda$ , and  $\bar{a}tman$ ; in this ascending hierarchy, the  $\bar{a}tman$  that the man will obtain is clearly the  $\bar{a}tman$  that consists of  $\bar{a}nanda$ ; that is, he becomes a god.

This is a difficult passage. Eggeling's translation compounds the difficulties, and I do not pretend to have solved all of them. Upanisad here means connection/equivalence, showing how the yajus is equal to the other ritual utterances, just as the flavor (rasa) permeates the food. The implication is that if it is the rasa, then even a small amount can surpass things that are much larger. The yajus is brief in comparison to the Stotra (Sāmavedic chant) and the Sastra (Rgvedic recitation) that follow each other at a Soma sacrifice. The phrase  $\bar{a}nanda$  evāsya vijā $\bar{a}nam$   $\bar{a}tm\bar{a}$  Eggeling translates as: "And joy, the knowledge thereof (viz. of the essence, the mystic import), is its soul (self)". Clearly this is inaccurate. The subject is  $\bar{a}tman$ , and  $vij\bar{n}\bar{a}nam$  is probably a parenthetical statement. Then the  $\bar{a}tman$  (which in this context probably means body) of the gods, just as the  $\bar{a}tman$  of the yajus, is said to consist of  $\bar{a}nanda$ , and this knowledge gives magical power to the knower. 28 At the surface level

translated: "The transformation is a verbal handle, a name." In the present context, however,  $vij\bar{n}\bar{a}nam$  appears as an intrusion both because the two parallel sentences in this structured series of identifications have only two nouns and because  $vij\bar{n}\bar{a}nam$  is quickly dropped from the discussion; even in the final enumeration in § 14 it is omitted. I have followed Stephanie Jamison's (private communication) suggestion that  $vij\bar{n}\bar{a}nam$  may be a parenthetical comment and not part of the equation. The term then refers to this "knowledge" or "science", i.e., the knowledge that " $\bar{a}tman$  is  $\bar{a}nanda$ ", which the gods and Priyavrata Rauhiṇāyana possessed.

 $^{27}$  Contrary to Eggeling, the subject of the nominal sentence is *upaniṣad* and the predicate is *rasa*; likewise, at the beginning of paragraph 14, *gati* is subject and *trpti* the predicate (see Gren-Eklund 1978). Furthermore, I think that the phrase  $\bar{a}nanda\ ev\bar{a}sya\ vijnanam\ \bar{a}tm\bar{a}$  is the third in the list, paralleling *rasa* and *trpti*.

<sup>&</sup>lt;sup>28</sup> We have a similar connection between rasa.  $\bar{a}$ nanda, and  $\bar{a}$ tman in the TU 2.1-7.

 $\bar{a}nanda$  in this passage probably refers to the relishing of the flavor of food. But in this literature there are clear connections between food/eating and sex, and here the terms rasa and gati can have a double entendre, the former meaning semen (see TU 2.7 discussed in II.3) and the latter meaning "going", i.e., sexual congress. And trpti, as we will see in TB 2.4.6.5, also has sexual connotations. The author appears to be playing on this double meaning which permits him to say that gods have  $\bar{a}nanda$  as their  $\bar{a}tman$ , reminiscent of SB(M) 10.5.2.11 that speaks of "divine sexual intercourse" which is the highest  $\bar{a}nanda$ .

If we exclude the three passages (TB 2.6.1.5; 2.6.5.6; 3.4.2.1) occurring also in the VS, the TB uses  $\bar{a}$  nanda four times. The sexual connotation is most explicit at TB 2.4.6.4-5, where the term is used twice:

prajāpatih striyām yaśah muskayor adadhāt sapam l kāmasya tṛptim ānandam tasyāgne bhājayeha mā ll modah pramoda ānandah muskayor nihitah sapah l sṛtveva kāmasya tṛpyāṇi dakṣiṇānām pratigrahe ll

Prajāpati put the penis in the vagina,  $^{29}$  the glory in the woman —the satisfaction of desire, the  $\bar{a}nanda$ . O Fire, make me here partake of that! The penis is put in the vagina —the joy, the thrill, the  $\bar{a}nanda$ , flowing somehow (with semen) toward the satisfactions of desire in accepting the sacrificial gifts.  $^{30}$ 

In this eulogy of the pride of masculinity,  $\bar{a}nanda$ , as well as the two associated terms moda and pramoda,  $^{31}$  are identified with the penis placed within the vagina, the penis that brings the satisfaction (trpti) of desire. Moda, pramoda, and  $\bar{a}nanda^{32}$  appear as names of three of the fifteen  $muh\bar{u}rtas$  of a night at TB 3.10.1.1.

The final example is from TB 2.4.5.7:

indraś ca naḥ śunāsīrau imaṃ yajñaṃ mimikṣatam |

- $^{29}$  Sāyaṇa takes the dual <code>muṣkayor</code> as referring to the testicles (<code>aṇa</code>), but the context, I think, suggests the labia majora (or minora) of the vagina. The term is used with the meaning of labia in VS(M) 23.28 (discussed by Jamison 1996, 71 and 276, n. 134); <code>KṣB23.4</code>; <code>BU6.3.3</code> (where the term appears to refer to the labia minora).
- $^{30}$  According to Sāyaṇa, the sacrificial gift here refers to the practice of giving a virgin to the officiating priest as a *dakṣiṇā*. The exact meaning and syntax of  $sytv\bar{a}$  is unclear.
- $^{31}$  Both moda and pramoda are used with sexual connotations. Thus RV 10.30.5 says that Soma frolics with the waters (feminine) like a man with young girls:  $y\bar{a}bhih$  somo modate harşate ca kalyānībhir yuvatibhir na maryah | At RV 10.10.12 Yama tells Yamī, his sister, that she should not have sex with him but with some other man: anyena mat pramudah kalbayasva.
- <sup>32</sup> This sequence clearly probably falls into the triadic intensifying device known as "Behaghel's Law", i.e., the law of increasing elements: Otto Behagel, "Beziehungen zwischen Umfang und Reihenfolge von Satzgliedern," *Indogerm. Forschungen* 25 (1909-10), 110-42. This intensification consists in a progressively larger number of syllables or morae in the three words. An example from American English would be "life, liberty, and the pursuit of happiness". In *moda, pramoda, ānanda*, we have a progressive increase in morae: 3, 4, and 5. I want to thank Mark Southern for pointing this out.

garbham dhattam svastaye || yayor idam viśvam bhuvanam āviveśa yayor ānando nihito mahaś ca | śunāsīrāv ţtubhih samvidānau indravantaethām || 33

Indra and you, O Śuna-Sīra, mix [prepare] this sacrifice for us and place the fetus for prosperity. Together with Indra and in agreement with the Seasons, O Śuna-Sīras, be pleased with this offering, you into whom this whole world has entered and in whom  $\bar{a}nanda$  and exultation have been placed.

In this hymn to the obscure dual deity Śuna-Sīra,  $^{34}$   $\bar{a}$  n and a and a mahas, a term often associated with  $\bar{a}$  nanda, are said to be placed or deposited in these two deities. Śuna and Sīra are identified by Yāska with Vāyu and Āditya, but originally they were probably agricultural deities, possibly personifications of the plow and the share. Although the passage is obscure, we can detect here the same type of agricultural metaphor that was found in AV(S) 4.15.16, where plants are said to be joyful ( $\bar{a}$  nandina $\bar{h}$ ) when it rains. There could also be a sexual imagery in the "union" of the plow and the share (or plow and the plowman), the union that produces  $\bar{a}$  nanda leading to agricultural abundance.

In a somewhat unclear passage of the *Kauṣītaki Brāhmaṇa* (7.2), ānanda is associated with three things, food, drink, and sexual intercourse: yaivaike cānandā anne pāne mithune rātryā eva te saṃtatā avyavacchinnāḥ kriyante | teṣāṃ rātriḥ kārotaraḥ | ya u vaike cānandā annād eva te sarve jāyante | "Whatever joys that are in food, drink, and sexual intercourse, all those are joined together without interruption through the night; for them the night is the sieve. Whatever joys there are, they are born from food." Although here ānanda is said to be derived from food, the same passage goes on to state that the essence (rasa) of food gives rise to semen (retas) and the essence of semen

 $<sup>^{33}</sup>$  This is probably a Gāyatrī verse, followed by a Triṣṭubh. The meter of  $p\bar{a}da$  a of the Triṣṭubh can be restored by dropping idam. This verse is an adaptation of the common verse-type beginning  $v\bar{a}yav$  indras (a.] Jamison (1988, 14) formulates succinctly the grammatical rule followed by this construction: "two vocatives may not be conjoined by ca; in place of the second expected vocative, another case will appear. In Vedic, this is always the nominative." Our verse follows the "inverted construction" where the nominative is placed first (see Jamison 1988 for further bibliography and a detailed discussion of this construction). Theoretically, there should be a plural verb ending here, because three deities are addressed. The dual ending of the verb (mimiksatam) probably follows the stereotype of such constructions where two deities are addressed, generally Indra and another deity (usually Vāyu).

 $<sup>^{34}</sup>$  The two are mentioned in  $\mbox{\it RV}$  4.57.5, 8. The final Cāturmāsya sacrifice in the autumn is called Sunāsīrīya and offered to these two deities, clearly indicating their association with agriculture and the bounty of the harvest: see  $\mbox{\it Srauta Kośa}$  (Poona: Vaidika Samśodhana Maṇḍala, 1962), I.2: pp. 759-63, 895-98. In the  $\mbox{\it SB}$  (7.2.2.5) there is an explicationnection between plowing and sex: the plow (=penis) makes the furrow (=womb) and deposits the seed (=semen) in it, for "if one casts (seed) into unplowed land, it is the same as depositing semen in a place other than the womb."

gives rise to man. Here too, then, food and semen are closely associated with each other and with  $\bar{a}$  nanda.

II.3

The literature of the late vedic period contains the most significant semantic developments of  $\bar{a}nanda$ , developments that had a profound influence on later Indian theological vocabularies. The evidence for these developments come principally from the early Upaniṣads, the term occurring only once in the Āraṇyakas.

Among a series of *mantras* for the Pitrmedha, we read at TA 6.11.2:  $\bar{a}nand\bar{a}ya$   $pramod\bar{a}ya$  punar  $\bar{a}g\bar{a}m$   $sv\bar{a}n$   $grh\bar{a}n$  —"For bliss, for delight I have returned to my home." The context offers no clues, but we have seen the two terms  $\bar{a}nanda$  and pramoda frequently used together.

Of the early Upanisads, ananda is most prominent in the two Yajurvedic documents, the *Brhadāranyaka* and the *Taittirīya*, and to a somewhat lesser extent in the Kausītaki, which belongs to the Reveda.<sup>35</sup> I will deal with the three together because all three reflect parallel semantic developments of the term. Continuing, and extending, the trend already noticed in the earlier literature, these Upanisads present  $\bar{a}$  nanda as the faculty or power of the sexual organ parallel to the sensory and motor faculties associated with other organs, e.g., seeing with the eyes, hearing with the ears, and motion with the feet. Although the term upastha can refer to both male and female sexual organs, it is clear that these texts deal with the male rather than the female orgasm; upastha in these contexts undoubtedly refers to the penis. The BU 2.4.11 (=BU 4.5.12) presents the sexual organ as the point of convergence of all ananda (evam sarveṣām  $\bar{a}nand\bar{a}n\bar{a}m$  upastha  $ek\bar{a}yanam$ ), in the same way as the ocean is of all waters, skin of all sensations of touch, and sight of all visible appearances. A similar association is made in the TU 3.10.3: prajātir amrtam ānanda ity upasthe. The meaning of the elliptical phrases in this passage is far from clear, but probably the sense is that one should "venerate", that is, perceive the equivalence of, brahman in the sexual organ as "procreation, immortality, and ananda." Here we have an interesting coupling of immortality and  $\bar{a}nanda$ , a connection that becomes important when brahman comes to be defined as  $\bar{a}$  nanda. In the present context, it is procreation that links ananda to immortality: ānanda, the ejaculatory bliss, precedes procreation, and sons are identified with immortality in the early vedic literature.<sup>36</sup>

 $<sup>^{35}</sup>$  The transmission of the  $K_5U$ , however, has been much less faithful than that of the other early Upanişads. It is, therefore, difficult to make firm conclusions from the presence of the term in the  $K_5U$ , which may have been influenced by the Yajurvedic documents. Such an assumption is supported by the fact that neither the parallel documents of the Aitareya  $5\bar{a}kh\bar{a}$  (AB, AA, and AU), nor the  $Kaus\bar{t}aki\,Br\bar{a}hman\,a$  contain the word  $\bar{a}nanda$ .

<sup>&</sup>lt;sup>36</sup> See, for example, *RV 5.4.*10: "Through offspring, O Agni, may we attain immortality"—*prajābhir agne amṛtatvam asyām.* See Olivelle 1993, 41-46.

In explaining the pre-eminence of intelligence  $(praj\bar{n}\bar{a})$ , the  $K_{\bar{s}}U$  shows how all human powers and the objects in the world corresponding to those powers are derived from intelligence. In this context  $K_{\bar{s}}U$  3.5 states:

upastha evāsyā ekam aṅgam udūļam | tasyānando ratiḥ prajātiḥ parastāt prativihitā bhūtamātrā |

The sexual organ is one part drawn from it [i.e., from intelligence], and  $\bar{a}nanda$ , delight, and procreation constitute the particle of being that corresponds externally to it.

Here, instead of the  $am_i ta$  of the TU, we have the more usual rati associated with  $\bar{a}nanda$  and procreation. The subsequent paragraphs (KsU 3.6-8) make the same associations:

prajňayopastham samāruhyopasthenānandam ratim prajātim āpnoti

When someone mounts the sexual organ by means of intelligence, he grasps  $\bar{a}$  n a n d d elight, and procreation through his sexual organ.

na hi prajāpeta upastha ānandam ratim prajātim kāmcana prajūāpayed anyatra me mano 'bhūd ity āha nāham etam ānandam na ratim na prajātim prājūāsisam iti l

For without intelligence, the sexual organ would not make someone perceive any *ānanda*, delight, or procreation. So, one says: 'My mind was elsewhere, I did not perceive that *ānanda*, delight, or procreation,

nānandam na ratim na prajātim vijijñāsītānandasya rateh prajāter vijñātaram vidyāt |

It is not the  $\bar{a}nanda$ , delight, or procreation that a man should seek to apprehend; rather, he should get to know the one who apprehends  $\bar{a}nanda$ , delight, or procreation.

In  $K \circ U$  1.7 Brahman asks the man who has managed to arrive in the world of Brahman a variety of questions centering on how the man will grasp various objects. Thus, odors are grasped by the sense of smell, visible objects by sight, tastes by the tongue, actions by the hands, and so on. Brahman asks:  $ken\bar{a}nandam$  ratim  $praj\bar{a}tim$  iti —"(By what means do you grasp my)  $\bar{a}nanda$ , delight, and procreation." The man replies: upastheneti —"By my sexual organ."

Even though the sexual organ is not explicitly mentioned, the list<sup>37</sup> of the father's powers that he assigns to his son during the poignant ceremony of transmission when the father is about to die contains the same three powers: *ānanda*, rati, and prajāti (KsU 2.15).

 $<sup>^{37}</sup>$  The list of these powers is the same as the one repeated four times together with the corresponding organs at  $K_{\$}U$  3.5-8. This long list is absent in the abbreviated ceremony recorded in BU1.5.17.

During this ceremony the son lies on top of the father, every limb and organ of his touching the corresponding organ of the father. Clearly, the transfer is from the organs of the father to those of the son, and though unstated the transfer of  $\bar{a}nanda$ , rati, and  $praj\bar{a}ti$  must be from the father's penis to that of the son.

These Upanisads thus make a clear and explicit connection between  $\bar{a}nanda$  and the penis on the one hand, and between  $\bar{a}nanda$  and procreation, on the other.

As opposed to the sexual organ, the *BU* 4.1.6 connects  $\bar{a}nanda$  with the mind. The context is a long conversation between King Janaka and Yājñavalkya during which Janaka recounts what different teachers had told him about brahman. One of them had said that brahman is the mind. Yājñavalkya asks: "But did he tell you what its abode and foundation are?" He had not, and Janaka asks Yājñavalkya himself to tell him that. Yājñavalkya responds:  $mana\ ev\bar{a}yatanam\ \bar{a}k\bar{a}sah\ pratisthānanda\ ity\ enad\ up\bar{a}s\bar{a}ta$ —"The mind itself is its abode, and space is its foundation. One should venerate it as (i.e., take brahman to be)  $\bar{a}nanda$ ." Janaka asks:  $k\bar{a}nandat\bar{a}$ —"What is  $\bar{a}nanda$ -ness (i.e., what constitutes  $\bar{a}nanda$ )?" Yājñavalkya replies that is it the mind itself ( $mana\ eva$ ) and gives the reason:

manasā vai samrāṭ striyam abhihāryate tasyāṃ pratirūpaḥ putro jāyate sa ānandaḥ \ mano vai samrāṭ paramaṃ brahma \

For surely, Your Majesty, it is with the mind that man takes a woman to himself and through her fathers a son who resembles him. And that is  $\bar{a}nanda$ . So clearly, Your Majesty, the highest brahman is the mind.

Here we have a connection established between mind, space, and  $\bar{a}nanda$  in a set of equations: between mind and  $\bar{a}nanda$ , between mind and brahman, and, hence, between  $\bar{a}nanda$  and brahman.  $\bar{A}nanda$ , moreover, is defined as the mind because it is through the mind that one takes a woman (or wife) and begets a son through (literally, in) her. Here it appears that the entire process of begetting a son is defined as  $\bar{a}nanda$ . The connection between  $\bar{a}nanda$  and brahman is established here through the son, in a way similar to  $TU_3.10.3$  where procreation appears to be the link between  $\bar{a}nanda$  and immortality. Further, the foundation of this brahman is space. The reference is probably to the space within the heart which, as we saw (ŚB(M) 10.5.2.11), is associated with sexual activity in the context of sleep. And at  $BU_1.4.3$  it is said that "the space here is completely filled by the woman" ( $ayam \bar{a}k\bar{a}śah striy\bar{a} p\bar{u}ryata eva$ ).

This connection between  $\bar{a}nanda$  and the mind throws light on the passage that follows the ceremony of transmission from a dying father to his son at BU 1.5.19. Among the divine faculties that enter the father after this ceremony is the daivam manas, the divine mind. And this divine mind is defined as: tad vai daivam mano  $yen\bar{a}nandy$  eva bhavaty atho na socati —"The divine mind is that by which he is just

(always) joyful ( $\bar{a}$ nandin) and thereafter is never sorrowful." We have seen in SB(M) 10.3.5.12-15 that the  $\bar{a}$ tman of divine beings (deva) is said to be  $\bar{a}$ nanda.

The connection between  $\bar{a}nanda$  and space in BU4.1.6 permits us to interpret a rather difficult passage in TU2.7 which immediately precedes the exegesis of  $\bar{a}nanda$  discussed below. The author cites a verse:

asad vā idam agra āsīt tato vā sad ajāyata | tad ātmānaṃ svayam akuruta tasmāt tat sukṛtam ucyate |

In the beginning this world was the non-existent, and from it arose the existent.

By itself it made a body for itself; therefore it is called "well-made".

Now, "well-made" (sukrta) is an epithet that is used with reference to the human body; for example, in  $\overline{AU}$  1.2 the human body is distinguished from those of animals precisely because it is "well-made." In  $\dot{SB}$  (8.6.2.18) the body of Agni created in the Agnicayana ritual is called "well-made", and the body of the sacrificer is likewise "wellmade". But the TU appears to be playing on the two words  $svayam \sqrt{kr}$ and  $su-\sqrt{kr}$ ; the body is "well-made" (sukrta) because it is "self-made" (svayamkṛta). How does a man make his own body? In a similar context, the AU(2), speaking of the births of a man, declares that the semen (retas) is one's very self in the form of an embryo (garbha); and a man carries this seminal self of his within himself and later deposits it in a woman. This depositing of semen is his first birth.<sup>38</sup> When the semen has developed into a fetus and the woman gives birth, that is his second birth. It appears likely that the "self-made" nature of the body is connected to the fact that a man carries himself within himself in the form of his semen. This helps us understand the remainder of the TU(2.7) passage:

yad vai tat sukṛtam | raso vai saḥ | rasaṃ hy evāyaṃ labdhvānandī bhavati | ko hy evānyāt kaḥ prāṇyāt | yad eṣa ākāśa ānando na syāt | eṣa hy evānandayāti | yadā hy evaiṣa etasminn adṛśye 'nātmye 'nirukte 'nilayane 'bhaye³ pratiṣṭhāṃ vindate | atha so 'bhayaṃ gato bhavati | yadā hy evaiṣa etasminn u daram⁴o antaraṃ kurute 'tha tasya bhayaṃ bhavati |

The first problem is the meaning of *rasa*. It has been generally translated as "essence", but that meaning does not make much sense within the context. *Rasa* has numerous meanings, including essence, seminal fluid, taste, and pleasure/desire. The author is probably play-

 $<sup>^{38}</sup>$  In this sense, then, the connection between  $\bar{a}nanda$  and  $praj\bar{a}ti$  can have another meaning. The ejaculation of the semen in  $\bar{a}nanda$  is itself the  $praj\bar{a}ti$  or the self-procreation of the man

<sup>&</sup>lt;sup>39</sup> So with Rau (1981). The vulgate reads 'bhayam.

<sup>&</sup>lt;sup>40</sup> So with Rau (1981). The vulgate reads udaram.

ing on the ambiguity of the term. At TU2.1, for example, a man is said to be made of the essence of food ( $sa\ v\bar{a}\ esa\ puruso\ 'nnarasamayah$ ). The "well-made/self-made" condition of the human body consists in its being (or that it comes from) rasa; when one obtains this rasa one attains  $\bar{a}nanda$ . The sexual implications of rasa here are unmistakable, and I think that here it means the "essence" of the human body, that is, the seminal fluid.  $^{41}$ 

The second problem concerns the somewhat mysterious statement about  $\bar{a}nanda$  existing in space. The connection between mind, space, and  $\bar{a}nanda$  in the above BU (4.1.6) passage, and the  $\bar{a}nanda$  produced by the sleeping person when sexual intercourse takes place within the space in the heart ( $\dot{S}B$  10.5.2.11-12), I think, permits us to see here a similar connection:  $\bar{a}nanda$  is present, i.e., is able to be grasped, in the space of the heart. Indeed, the TU (1.6.1) itself locates the mind (manas) in the heart: sa ya eşo 'ntarhıdaya  $\bar{a}k\bar{a}sah$  tasminn ayam puruso manomayah amıto hiranyayah —"In this space here within the heart lies the immortal and golden person consisting of the mind". Brahman, moreover, is said to reside within the cavity of the heart (CU 8.1). In this  $\bar{a}nanda$  one loses the consciousness of being separate (see below BU 2.1.19; 4.3.21), one does not perceive even a smallest difference (daram antaram); this state of consciousness brings a man to the state of abhaya.

We can then translate the TU2.7 as follows:

That which is well-made (=self-made) is nothing but semen, for when a man here obtains the semen, he comes to possess  $\bar{a}$  nanda. Now, who would breathe in, who would breathe out, if this  $\bar{a}$  nanda were not there in space; for that alone can grant  $\bar{a}$  nanda. For when a man finds his support within that which is invisible, incorporeal, indistinct, supportless, and free from fear, then he becomes free from fear. For only when he creates even a small difference does fear come upon him.

We have seen how sleep was identified in the SB (10.5.2.11-12) with the persons in the right and left eyes having sexual intercourse within the space of the heart. The unconsciousness of sleep was there also compared to the loss of consciousness in orgasm. This theme is taken up again in the BU 2.1.19, where deep dreamless sleep is opposed to the state of dream when the person is in some way still conscious, except that the dream consciousness is creative, creating rather than perceiving its objects. In deep sleep, however, one is not aware of anything; during this time the self slips out of the space of the heart and rests in the pericardium:

sa yathā kumāro vā mahārājo vā mahābrāhmaņo vātighnīm ānandasya gatvā sayīta evam evaisa etac chete |

 $<sup>^{41}</sup>$  The AU(2.1), for example, calls semen (retas) "the radiance gathered from all the bodily parts" (tad etat sarvebhyo 'ngebhyas tejah sambhūtam). In BU6.4.1 semen is called the

He rests there, just as a young man, a great king, or an eminent Brahmin rests after attaining the height of  $\bar{a}nanda$ .

The term  $atighn\bar{\imath}$  is significant; in this context it must mean more than just the "summit of bliss" but to the apparent loss of awareness resulting from orgasmic bliss. <sup>42</sup> Otherwise the comparison makes little sense, since the point the author wants to make is that in deep sleep a person enjoys bliss but is not conscious of anything. This meaning also corresponds to the way sleep is described in SB 10.5.2.11-12.

The same metaphor is used to describe deep sleep also at BU 4.3.21 with a clearer statement about the loss of consciousness:

tad yathā priyayā striyā saṃpariṣvakto na bāhyaṃ kiṃcana veda nāntaram evam evāyaṃ puruṣaḥ prājñenātmanā saṃpariṣvakto na bāhyaṃ kiṃcana veda nāntaram |

It is like this. As a man embraced by a woman he loves is oblivious to everything within or without, so this person embraced by the self consisting of knowledge is oblivious to everything within or without.

The term  $\bar{a}$  nanda is not used here and there is no direct reference to orgasm, but the reference is clearly to the oblivion created by the height of sexual bliss.

The related term  $abhinanda^{43}$  is used for orgasm in the well-known passage on the doctrine of five fires where the sexual organ of a woman and the sexual act performed in it are compared to a sacrifice (BU6.2.13 = CU5.8.1):

yoṣā vā agnir gautama | tasyā upastha eva samil lomāni dhūmo yonir arcir yad antah karoti te 'ngārā abhinandā visphulingāh | tasminn etasminn agnau devā reto juhvati |

The fire is a woman, Gautama. Her firewood is the vulva; her smoke is the pubic hair; her flame is the vagina; when one penetrates her, that is her embers; and her sparks are the climax. In that very fire gods offer semen.

The dreaming state is connected with  $\bar{a}nanda$  at BU 4.3.9: the dreaming person sees  $p\bar{a}pmana$   $\bar{a}nand\bar{a}ms$  ca, "both bad things and  $\bar{a}nandas$ ." What these  $\bar{a}nandas$  are the following passage explains (BU 4.3.10), describing how the dreamer creates his own dreamland:

na tatrānandā mudaḥ pramudo bhavanti | athānandān mudaḥ pramudaḥ srjate |

essence of man: puruṣasya retaḥ (rasah). Rau (1981) translated rasa as "der Lust gewährt".

<sup>42</sup> On the meaning and etymology of *atighnī*, see M. A. Mehendale, "Some Lexicographical Notes on the Upaniṣads," *Indo-Iranian Journal* 5 (1962), 184-86.

<sup>43</sup> This term does not appear elsewhere in the early Upanişads. In the Brāhmaṇas the

In that place there are no  $\bar{a}$  nandas, pleasures, or delights; but he creates for himself  $\bar{a}$  nandas, pleasures, and delights.

## Later the text explains what these pleasures are (BU4.3.13):

svapnānta ucchāvacam īyamāno rūpāṇi devaḥ kurute bahūni l uteva strībhih saha modamāno jakṣad utevāpi bhayāni pasyan ||

Travelling in sleep to places high and low The god creates many a visible form—now dallying with women, now laughing, now seeing frightful things.

The  $p\bar{a}pmanah$  and  $\bar{a}nand\bar{a}h$  of the first passage probably parallel the dallying with women (moda, we have seen, is used frequently with  $\bar{a}nanda$ ) and  $bhay\bar{a}ni$  of this passage.

A long and interesting passage occurring in BU4.3.32-33 identifies the world of brahman as one's highest  $\bar{a}nanda$  (eṣo 'sya parama  $\bar{a}nandah$ ) and goes on to explain how vast this  $\bar{a}nanda$  is in comparison to other types of  $\bar{a}nanda$ , beginning with what we are most familiar with:

sa yo manusyāṇāṃ rāddhaḥ samṛddho bhavaty anyeṣām adhipatih sarvair mānuṣyakair bhogaiḥ sampannatamaḥ sa manuṣyāṇāṃ parama ānandaḥ l

Among human beings, when someone is successful and rich, ruling over others and enjoying to the utmost all human pleasures—that is the highest  $\bar{a}nanda$  of human beings.

The texts goes up the ladder of greater  $\bar{a}nandas$ , each higher  $\bar{a}nanda$  being a hundred times greater than the one below it. Here  $\bar{a}nanda$  is not directly connected to sex but to the broader category of *bhoga* or pleasures. A similar gradation of  $\bar{a}nanda$  is described in TU2.8 in a passage entitle  $\bar{a}nandasya$   $m\bar{s}m\bar{a}ms\bar{a}$ , analysis or exegesis of  $\bar{a}nanda$ .

Perhaps the most famous of the  $\bar{a}nanda$  passages of the TU is the one on the five bodies (TU 2.2-5), which later literature identifies as sheaths (kośa). A man has five bodies or selves ( $\bar{a}tman$ ) consisting of food (anna), breath ( $pr\bar{a}na$ ), mind (manas), perception ( $vijn\bar{a}na$ ), and finally  $\bar{a}nanda$ , each surrounding the previous like layers of an onion. Of each such body, the text identifies the head, the two sides, trunk, and the bottom. In the case of the  $\bar{a}nandamay\bar{a}tman$ , the head is priya, the right side is moda, the left is pramoda, the trunk is  $\bar{a}nanda$ , and the bottom is brahman.  $^{44}$  Here again we come across the three terms moda, pramoda, and  $\bar{a}nanda$ . The portion of the body I have

term occurs only once, in JB 1.45 in the parallel description of the five fires. Verbal forms of the word occur only twice in the vedic literature,  $AV(\hat{S})$  9.2.2; 19.8.3.

<sup>44</sup> These parts of the body derive from the image of a bird, the bottom being the tail. The bird image comes from the shape of the fire-altar built with bricks. For a comparison

translated as trunk (or torso) is called  $\bar{a}tman$ ; so here we find that  $\bar{a}tman$  is  $\bar{a}nanda$ , and the passage from  $\bar{a}tman$  as the central part of the body to  $\bar{a}tman$  as one's essential self is easy. So, we find the two major concepts of the Upaniṣads,  $\bar{a}tman$  and brahman identified as  $\bar{a}nanda$ . At the end of the TU (3.10.5) these five  $\bar{a}tmans$  are presented as the path that a person travels after death: he first reaches the  $\bar{a}tman$  of food, then that of breath, then that of the mind, then that of perception, and finally the  $\bar{a}tman$  of  $\bar{a}nanda$ . The simple statement that brahman is  $\bar{a}nanda$  is found in both the BU (3.9.28) and in the TU (3.6).

When we turn to the other two early prose Upanisads, the Chāndogya and the Aitareya, it comes as a surprise to find the term ānanda almost absent from their vocabularies. It is completely absent not only in the AU but in the entire AA, within which the AU is embedded, and in the AB. Besides the term abhinandah found in the passage on the five fires common to the CU and the BU that we have already examined, the term occurs only twice in the CU. When it rains the vital functions ( $pr\bar{a}n\bar{a}h$ ) are said to be full of  $\bar{a}nanda$  ( $\bar{a}nandinah$ ) at the thought that there will be plenty of food (CU 7.10.1). We have already seen this usage of the term with reference to plants. In a theologically significant statement, the CU, speaking of a man who sees  $\bar{a}tman$  everywhere, says: sa vā esa evam þasyann evam manvāna evam vijānann ātmaratir ātmakrīda ātmamithuna ātmānandah sa svarād bhavati — "A man who sees it this way, thinks about it this way, and perceives it this way; who finds pleasure in the self, who dallies with the self, who mates with the self, and finds  $\bar{a}$  nanda in the self—he becomes completely his own master." Here we have the two familiar terms rati and ananda, together with two other terms (krīda and mithuna) also with sexual connotations, in describing the activities of a man who has reached the ultimate state of oneness with his own  $\bar{a}tman$ .

Turning to the later verse Upaniṣads, it is even more suprising to find that  $\bar{a}nanda$  is quite a rare word in their theological vocabularies. It is completely absent in the older group comprising Kena, Katha,  $^{45}$   $\bar{I}$ śa, and Śvetāśvatara. It occurs once in the Mundaka (2.2.7b)  $^{46}$  where the  $\bar{a}tman$  that the wise see in their heart is described as  $\bar{a}nandar\bar{u}pa$ , "having the form or appearance of bliss".

Only the Praśna, an admittedly late work, returns to the theme of  $\bar{a}nanda$ . In an eulogy of lifebreath  $(pr\bar{a}na)$ , the PU (2.10) says that when it rains creatures becomes joyful  $(\bar{a}nandar\bar{u}pa)$ . In enumerating the activities that a sleeping person does not engage in, the PU (4.2) says  $n\bar{a}nanda\gamma ate$ , which echoes the similar enumerations in the earli-

of the TU passage to MtU 6.33, see van Buitenen 1979, 326-27. The MtU passage also concludes with the sacrificer becoming  $\bar{a}nandin$  and modin.

<sup>&</sup>lt;sup>45</sup> A verse, variants of which occur both in KaU1.3 and BU4.4.11, contains the term  $anand\bar{a}h$  ("joyless"). The BU(M), however, reads  $asury\bar{a}$  for  $anand\bar{a}h$ . Charpentire (1928-29) on KaU1.3 prefers to read  $\bar{a}nand\bar{a}h$ .

 $<sup>^{46}\</sup> MuU\,(1.2.7)$  uses abhin and anti with reference to people who take delight in ritual activities.

er literature and clearly means "he does not experience sexual pleasure". Likewise, the PU (4.10) in enumerating the organs and their respective objects, lists *upasthaś cānandayitavyam ca* —"the sexual organ and objects that can be sexually enjoyed".

The  $M\bar{a}n\bar{d}\bar{u}kya$  (5), whose date is difficult to determine but is likely quite late, calls a person in deep dreamless sleep  $\bar{a}nandamayah$  and  $\bar{a}nandabhuk$ , consisting of  $\bar{a}nanda$  and enjoying  $\bar{a}nanda$ . This is in line with the repeated use of  $\bar{a}nanda$  by the older literature in the context of sleep.

The transmission of the *Maitrāyaṇīya Upaniṣad* has been extraordinarily bad, and the editor van Buitenen (1962) has shown that it is a composite text. The term  $\bar{a}nanda$  occurs at MtU 6.7, 13, 23, 27; 7.3; and all these passages are placed within brackets by van Buitenen, indicating that they are editorial interpolations. The first passage has the term  $\bar{a}nandayit\bar{a}$  ("one who experiences  $\bar{a}nanda$ ") in a list of agent nouns. The second (MtU 6.13) deals with the essence (rasa) of an ascending hierarchy of entities, from food to  $\bar{a}nanda$ , which is said to be the essence of perception (vijnana). A person who knows these essences is said, among other things, to be  $\bar{a}nandavan$ , "possessing  $\bar{a}nanda$ ". At MtU 6.23 the top of OM is said to be Viṣṇu, who is characterized, among other things, as  $\bar{a}nanda$  (occurring also at MtU 7.3). At MtU 6.27 the cup (kosa) consisting of the space within the heart is said to be  $\bar{a}nanda$ .

#### Ш

Finally, I want to turn briefly to the literature of the period that followed the early Upaniṣads. This is a gray area because it is impossible to determine with any precision either this period or the texts belonging to it. Some of the late Upaniṣads may well be contemporary with some of the texts generally assigned to this period. In spite of these uncertainties, however, it is instructive to examine at least some of the literature from this period.<sup>47</sup>

Given the theological prominence of *ānanda* within the Brahmanical/Hindu religious vocabulary, it is surprising that the term is never used by the Buddhists or the Jains with reference to *nirvāṇa* or the ultimate state of liberation. Both traditions, nevertheless, claim

<sup>47</sup> The term ānanda is rare in the Śrauta- and the G<sub>1</sub>hya-sūtras. It occurs in the mantra eṣa te yonir ānandāya tvā in both the Āpastamba Śrautasūtra (19.7.5) and the Satyāṣāḍha (Hiraṇyakeṣi) Śrautasūtra (23.1.26). This mantra is taken from VS(M) 19.8, which we have already examined. In the Baudhāyana Śrautasūtra (18.29) the term ānandinaḥ is found twice with reference to camasādhvaryavaḥ (assistant priests who carry the cups). Āpastamba Śrautasūtra (5.18.2) has the expression grhāṇām puṣṭim ānandam. The Kausikasūtra (40.13) has ānandino modamānāḥ in a mantra to Agni. In the Gṛḥyasūtras, the term occurs only in the Vaikhānasa (3.19) and the Āgniveṣya (1.4.1), both belonging to the early centuries C. E. The term is completely absent in the Dharmasūtras and the Manu Smṛti. It does not occur in Pāṇini but is listed in the Ganapāṭha, 81.36. Pataṇjali uses ānanda twice, both in the identical phrase eti jīvantam ānandaḥ, which is a citation of Rām 5.32.6.

that the liberated state is one of bliss or happiness, but the term they use is sukha.<sup>48</sup> The  $P\bar{a}li$  Tipitakas Concordance lists 26 occurrences of  $\bar{a}nanda$ , including both verbal  $(\bar{a}nandati)$  and nominal forms.<sup>49</sup> None has any religious or even an explicitly sexual significance; all refer to a normal sense of joy or happiness. The only usage even remotely connected to religion is the use of  $\bar{a}nandaj\bar{a}te$  with reference to the gods  $(Suttanip\bar{a}ta\ 679)$ , but the same expression is used a few verses later (687) when Asita became full of joy at seeing the young Bodhisattva.

The same pattern holds true in the two epics, the  $R\bar{a}m\bar{a}yana$  and the  $Mah\bar{a}bh\bar{a}rata$ . There also, for the most part,  $\bar{a}nanda$  means ordinary joy. The term occurs 45 times in the  $R\bar{a}m$ , on 43 times in the MBh. None of the occurrences in the  $R\bar{a}m$  and only a handful in the MBh have any religious/theological connotation. I give below a representative sample of the contexts in which the term is used in the epics.

A son is often characterized as bringing or increasing the ānanda of his mother: Rāma is kāusalyānandavardhana; <sup>52</sup> Lakṣmaṇa is sumitrānandavardhanaḥ; <sup>53</sup> and Bharata is kaikeyyānandavardhanaḥ. <sup>54</sup> The frequency of this usage especially in the Rām suggests that it had become a cliché. A large group of privative compounds is used to describe the state of grief and desolation of women who have lost their husbands, of men and women in exile, and even of towns at the death or exile of their king or favorite son. <sup>55</sup> Only once is such a privative used with regard to a positive virtue, <sup>56</sup> although there are frequent references to "tears of joy". <sup>57</sup>

 $<sup>^{48}</sup>$  For a discussion of the Buddhist  $nirv\bar{a}na$  as sukha, see Collins 1998, pp. 207-212. In Jainism also the liberated soul has infinite knowledge  $(anantajn\bar{a}na)$  and infinite bliss (anantasukha): see Jaini 1979: 268.

<sup>&</sup>lt;sup>49</sup> Out of these 11 are from the *Jātakas*, generally recognized as late texts.

<sup>&</sup>lt;sup>50</sup> *Rām* 1.1.16, 23; 10.28; 49.6; 50.1, 3, 10, 12; 64.21; 67.13, 15; 69.1, 7; 72.17. **2.**5.19; 16.56; 39.13; 40.7; 46.76; 51.4; 53.13; 59.13; 66.33; 84.11; 105.24. **3.**35.9. **4.**20.9; 24.19. **5.**11.29; 18.1; 32.33; 33.77; 34.11, 25. **6.**24.31; 31.67; 39.7; 68.9, 12; 114.2, 36; 107.29; 115.1, 40. **7.**87.4.

<sup>&</sup>lt;sup>51</sup> MBh 1.118.30; 163.16. **2.**13.44; 59.1; 70.21. **3.**118.29; 221.22; 261.13. **5.**124.17; 136.17; 173.16. **6.**2.18. **7.**48.1; 50.9; 124.1; 159.42; 164.157. **8.**46.9. **9.**44.6; 45.11. **10.**7.4; 16.24. **11.**27.5. **12.**31.36; 168.43; 187.33; 191.8; 212.2, 26; 236.21; 239.23; 267.26; 268.11; 301.3, 17. **13.**16.55; 27.81; 135.33, 69, 79. **14.**38.2; 45.8. **16.**6.11.

<sup>&</sup>lt;sup>52</sup> Rām 1.1.16; 67.15; 72.17; **2.**66.33; 84.11; **3.**35.9; **6.**31.67; 115.40. MBh **3.**261.13.

<sup>&</sup>lt;sup>53</sup>  $R\bar{a}m$  1.1.23; 2.16.56; 46.76; 4.24.19; 5.32.33; 34.11; 34.25; 6.39.7; 107.29.

<sup>&</sup>lt;sup>54</sup>  $R\bar{a}m$  **2.4**0.7. In the *MBh* (**8.4**6.9) Karna is called *suhṛdānandavardhana*, and in the  $R\bar{a}m$  (**2.5**.19) a great festival of Ayodhā is called *janasyānandavardhana*.

 $<sup>^{55}</sup>$   $nir\bar{a}nanda$ : Ayodhyā after Rāma's exile ( $R\bar{a}m$  **2.**51.4; 105.24), Tārā when her husband is killed ( $R\bar{a}m$  **4.**20.9), Rumā at Sugrīva's death ( $R\bar{a}m$  **5.**111.29), Sītā in exile ( $R\bar{a}m$  **6.**68.9, 12; 114.36), people after a 12-year drought (MBh 1.163.16), the depraved world of the future (MBh 3.188.29), Ambā when rejected by Śālva (MBh 5.173.16), Draupadī (MBh 10.16.24), the bank of the Ganges with widows of dead heroes (MBh 11.27.5), Dvārakā after Kṛṣṇa's death (MBh 16.6.11). nipatitānanda: Ayodhyā ( $R\bar{a}m$  2.53.13).  $an\bar{a}nanda$ : Hastināpura after Pāṇḍu's death (MBh 1.118.30). vigatānanda: Pāṇḍavas in exile (MBh 2.70.21.  $hat\bar{a}nanda$ : the Pāṇḍava camp (MBh 7.50.9). vigatānanda: a dead boy (MBh 12.31.36).

<sup>&</sup>lt;sup>56</sup> The sages Vālakhilyas and Vaikhānasas are said to be *karmabhis te nirānandā dharmanityā jitendriyāh* (MBh 12.236.21).

<sup>&</sup>lt;sup>57</sup> ānandāśru: MBh **5.**124.7; 136.17. **7**. 124.1. aśrūny ānandajāni: Rām 6.24.31. ānanda-

It is only in the Santiparvan, the book most subjected to later additions, that  $\bar{a}nanda$  is used with religious or technical meanings. Thus, within a Samkhya context,  $\bar{a}nanda$  is listed among Sattvika gunas and as a product of prakyti (MBh 12.187.33; 212.26; 239.23; 267.26; 301.17; 14.45.8). Once  $\bar{a}nanda$  is listed as a virtue (MBh 14.38.2), while elsewhere its absence is considered a virtue (MBh 12.191.8; 268.11).

It is clear, however, that in the epics  $\bar{a}nanda$  is the antonym of soka. In a list of opposites that a person should abandon, we find the compounds  $saty\bar{a}n_r$ te,  $sok\bar{a}nandau$ ,  $priy\bar{a}priyau$  and  $bhay\bar{a}bhaye$  (MBh 12.268.11). And in lists of synonyms or words with similar meanings, we find  $\bar{a}nanda$  listed with praharsa,  $pr\bar{t}i$ , and sukha (MBh 12.187.33; 212.26; 239.23). The closest we come to a "religious" use of  $\bar{a}nanda$  is in the list of the thousand names of Viṣṇu where we find  $sur\bar{a}nanda$ ,  $\bar{a}nanda$ , nandana, nanda, and  $sat\bar{a}nanda$  (MBh 13.135.33, 69, 79). Only once have I found the term used with regard to the ultimate state to which people aspire, a state that is called paramam  $\bar{a}nandam$  (MBh 13.16.55).

In a passage reminiscent of the Brāhamaṇas and the Upaniṣads, the *MBh* (12.301.1) lists the bodily organs (*adhyātmam*) and objects (*adhibhūtam*) and divinities (*adhidaivatam*) that correspond to them. Thus we have: *pādau*, *gantavyam*, *viṣnuḥ*; and *hastau*, *kartavyam*, *indraḥ*. In this list we have the group *upasthaḥ*, *ānanda*, *prajāpatiḥ*, connecting the sexual organ, *ānanda*, and Prajāpati, the procreative/creator god.

It is significant that  $\bar{a}nanda$  is completely absent in the Bhagavad  $G\bar{\imath}t\bar{a}$ , a book that is inclusive both in doctrine and in vocabulary. In the sixth chapter that describes a true yogin, the  $G\bar{\imath}t\bar{a}$  uses the term sukha repeatedly (BhG 6.21, 27, 28) to indicate the final bliss such a man attains. At 6.15 the  $G\bar{\imath}t\bar{a}$  describes the bliss of a yogin as  $s\bar{a}nti$  (peace) and  $nirv\bar{a}na$  (possibly, "calm"). 59

An examination of the non-Vedāntic literature shows that *sukha* was, in fact, the most common term for both ordinary and ultimate happiness. Besides the *Gītā* and the Buddhist and Jain literature, *sukha* is the preferred term for the bliss of the liberated state in Sāmkhya-Yoga theology. In Sāmkhya *ānanda* is said to be an attribute of *prakṛti* rather than of *puruṣa*. <sup>60</sup> In Yoga, *vitarka*, *vicāra*, *ānanda*, and *asmitā* are four states of *samādhi*, but still short of the liberated consciousness. <sup>61</sup> In the Nyāya-Vaiśeṣika the state of liberation lacks all pain or suffering but there is no positive feeling of bliss or *ānanda*. <sup>62</sup>

jam payah: Rām 2.39.13. ānandajam jalam: Rām 5.33.77. This expression is taken over by Kālidāsa: ānandottham nayanasalilam (Meghadūta, uttaramegha, 4); ānandajaḥ [...] bāṣpaḥ (Rashuwamśa, 14.3).

 $<sup>^{58}</sup>$  In the technical explanation of  $\bar{a}$ nanda given in the  $Ny\bar{a}$ yakośa (ed. B, Jhalakikar and V. S. Abhyankar; Poona, 1978), two meanings are given. The first is sukha, and the second is  $duhkh\bar{a}bh\bar{a}va$ , the absence of suffering.

<sup>&</sup>lt;sup>59</sup> See, Dasgupta 1922, II: 450.

<sup>&</sup>lt;sup>60</sup> See, Dasgupta 1922: I: 238.

<sup>&</sup>lt;sup>61</sup> Yogasūtras, 1.17. See, Dasgupta 1992, I: 366.

<sup>62</sup> See. Dasgupta 1922, I: 366.

IV

From the above survey of the use of  $\bar{a}n$  and a in the early Indian literature we can draw the following conclusions:

- 1. In the early vedic literature  $\bar{a}nanda$  is used in a variety of contexts, including the thrill of gambling, the convivial joy of drinking, and especially sexual pleasure.
- 2. The middle vedic literature of the Yajurveda emphasizes the sexual aspect of  $\bar{a}$  nanda, using it almost as a technical term for orgasmic rapture. The absence of the term in non-Yajurvedic Brāhmaṇas, with the exception of a single passage in the  $K_2B_2$ ,  $^{63}$  indicates that this usage was by and large confined to the Yajurvedic schools.
- 3. In the late vedic literature also the term is most frequent in the two Yajurvedic Upaniṣads, the  $Brhad\bar{a}ranyaka$  and the  $Taittir\bar{\imath}ya$ , although the presence of the term with a sexual connotation in the Rgvedic  $Kauṣ\bar{\imath}taki$  Upaniṣad makes the picture somewhat less clear. The association of  $brahman/\bar{a}tman$  with  $\bar{a}nanda$ , however, takes place principally in the Yajurvedic Upaniṣads. This semantic development, I believe, took place specifically as an extension of the meaning of  $\bar{a}nanda$  as orgasmic rapture, a meaning already found in the early Yajurvedic texts. The connection between these two meanings of  $\bar{a}nanda$ , we saw, is made explicitly in BU4.1.6. Two elements of orgasmic rapture are central in this extended meaning: 1) the connection of  $\bar{a}nanda$  to procreation and, therefore, to Prajāpati, and 2) the loss of consciousness of individual identity associated with orgasm. TU(2.7) is the locus classicus for  $\bar{a}nanda$  as the primary attribute of  $brahman/\bar{a}tman$ .
- 4. The evidence of the Buddhist, Jain, and epic literature indicates that  $\bar{a}nanda$  did not immediately enter the common religious vocabulary either as the joy of heaven or final release (mok, $\bar{s}a$ ) or as an attribute of the Ultimate Being or State. I think that after the composition of the BU and the TU  $\bar{a}nanda$  as an attribute of brahman and as signifying the final state of bliss remained a technical usage confined to a somewhat narrow circle. There must have been a parallel semantic development of  $\bar{a}nanda$  leading to its meaning as simple (not necessarily sexual) joy and happiness. This development took the term away from any specifically religious connotation. Unfortunately, we do not have the literary evidence to trace this development from the early vedic usage to the Buddhist and epic texts. We have, however, seen  $\bar{a}nanda$  used with such a generic meanings in BU 4.3.32-33; CU 7.10.1; and TU 2.8. It is, however, clear that the religious usage of the term in the  $Brahmas\bar{u}tras$  and later literature is derived not from this

 $<sup>^{63}</sup>$  The  $K_{\bar{s}}B$  is probably younger than the Brāhmaṇa of its sister school, the AB, in which the term  $\bar{a}nanda$  does not occur.

 $<sup>^{64}</sup>$  See above, note 35. It is interesting, however, that outside of the Yajurvedic documents, the term is used only in the  $K_SB$  and the  $K_SU$ .

generic epic usage but from its specifically religious meaning that developed in the Upanişads.

- 5. The native tradition itself recognizes the connection between the Mīmāmsāsūtras of Jaimini and the Brahmasūtras. This association provides the basis for calling the former Pūrva-Mīmāmsāsūtra and the latter *Uttara-Mīmāmsāsūtra*; as the former is the exegesis of the "earlier" part of the Veda, so the latter is the exegesis of the "later" part, namely the Vedanta or Upanisads. If we are to believe this association, then we should expect that the teachers of the two Mīmāmsās belonged to the same religious/intellectual milieu. That may well be true, but at least in the case of the term ananda, which is central to the Uttara- $M\bar{\imath}m\bar{a}ms\bar{a}$  (both the Sūtra itself and especially its commentators), the two appear not to have shared this religious vocabulary. Although the sūtras of Jaimini themselves offer no clues, Śabara's commentary, written probably around the middle of the first millennium C. E., refers frequently to the "happiness" or "joy" of heaven (svarga) in his discussion of Mīmāmsāsūtras 6.1.1-2. The most common word Śabara uses for "joy" is *prīti*, although occasionally he uses *sukha*.<sup>65</sup>
- 6. Let us, finally, return to the Brahmasūtra passage (1.1.12) that defines  $\bar{a}tman/brahman$  as  $\bar{a}nanda$ :  $\bar{a}nandamayo$  'bhy $\bar{a}s\bar{a}t$ —"The (self) consisting of  $\bar{a}$  nanda is (the supreme self) because of repetition." The reasons why the supreme self is defined as ananda, according to Bādarāyaņa, is because the Upaniṣads repeatedly say so. Śamkara in his commentary expands on this terse statement, citing these repeated Upanisadic statements. Interestingly, however, all his citations except one are taken from the TU, and the one non-TU text is BU 3.9.28. So the repeated mention of  $brahman/\bar{a}tman$  as  $\bar{a}nanda$  is found only in the Yajurvedic Upanisads, and it is on the basis of these documents that the Brahmasūtras assert the primacy of  $\bar{a}$ nanda as the defining characteristic of brahman/ātman. We can thus see here the direct connection between the Yajurvedic Upanisads and the Brahmasūtra definition of brahman as ānanda, at least if Śamkara is right in identifying the sources that prompted Bādarāyaṇa's statement about repetition. It is, furthermore, the extraordinary influence of the *Brahmasūtras* on later theological discourse that made  $\bar{a}$  nanda a central term and concept in the later Brahmanical/Hindu vocabulary.

 $<sup>^{65}</sup>$  See  $M\bar{\imath}m\bar{a}m\bar{s}\bar{a}\bar{s}\bar{u}tras$  (Ānandāśrama Sanskrit Series, 97), part 5:  $pr\bar{\imath}ti$ , p. 175, l. 1; p. 176, l. 4; p. 177, l. 1-2; etc.; sukha, p. 177, 21; p. 179, l. 1.

<sup>66</sup> The Brahmasūtras define brahman as ānanda also at 3.3.11.